

OUR GOAL

Shield Bearer is devoted to the Houston community and to helping individuals live their best lives. Whether we are acting as a lifeline to those struggling with mental illness or stepping in as a conduit to provide tools people can use to improve their interpersonal relationships, our organization is proud of the positive work we do!



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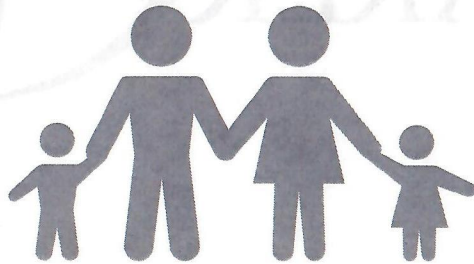
Since our charter in 2005, Shield Bearer has been on the front lines championing healthy relationships, strong marriages, healthy families, and strong communities. Shield Bearer promotes individual growth and development, preserves, and enriches marriages and strengthens and unites families. We believe that strong communities are built by healthy families and that healthy families have their strongest link in the marriage relationship. Shield Bearer focuses on restoring broken relationships and building on the strengths of existing relationships.

SHIELD BEARER



WHO WE ARE

Shield Bearer is a non-profit organization committed to healthy relationships and strong communities. We restore broken relationships through marriage and family counselling, and we heal hearts through trauma recovery. We also partner with organizations across the Houston area to fulfill our mission to promote individual growth and development, preserve and enrich marriage, and strengthen and unite families.



OUR SERVICES

Healing Through Counseling

Shield Bearer works directly with families and individuals in crisis through counseling services. Our team of licensed counselors specializes in marriage, trauma, and individual mental health issues. We also provide group counseling so our clients can build support networks that are so critical to their healing.

Prevention Through Education

At Shield Bearer, we champion healthy relationships through community-based workshops and retreats. Delivered by our team of mental health and relationship professionals, our parenting workshops, marriage and premarital seminars, and youth workshops lay the foundation for strong relationships. We partner with schools and community groups to deliver these services.

OUR IMPACT

"Our son struggled with depression and anxiety issues. After many failed attempts to help him on our own or to see government funded counseling agencies, my son didn't want any more counseling. I didn't know what to do. I simply did not have the income or the insurance to get my boy help. My ex-husband and I found Shield Bearer through a friend and Shield Bearer graciously agreed to see my ex-husband and I even if our son did not come. Our counselor listened and helped us gain strategies to help our son. We felt we finally had hope and ultimately our son is doing very well a year later. If it were not for our counselor's caring heart and willingness to walk alongside us during that difficult time, we would have lost hope quickly as well. Shield Bearer is a Godsend! We cannot thank this organization enough for investing in our family and stepping into the mess to bring order and healing." - Vikkie (age 30-40)



2021 YEAR IN REVIEW

