



Friends and Neighbors Of FM 1960

December 2019 / January 2020

FAN General Meetings

FAN meets on the first Tuesday of each month at 10:00 a.m. (September thru April) SPECIAL LOCATION for our next meeting only ... January 7, 2020 Social Hour begins at 9:30 a.m.

NOTE: Change of Venue
FAN will meet January 7, 2020, at
Cypress Creek Christian Community Center
6823 Cypresswood Dr., Spring
Next to the Barbara Bush Library

Leave something behind at Faithbridge?

If you've left something at Faithbridge after a FAN General Meeting, send a email to Lin Fish. She picks up after each meeting and takes with her any "lost" items. Email to linden7723@att.net.





PRESIDENT'S MESSAGE:

The holidays are officially upon us and a New Year is too! It has been a very busy season for our FAN members and board members as well. My sincere thanks to Colleen Bradford and her committee for their efforts with the Heavenly Holiday Soiree Charity fund-raising luncheon and to all of you for your donations of baskets, raffle items and cash. Can't wait to present our check to **Sleep in Heavenly Peace** in February.

Our programs have been outstanding this year and I'm sure the new year will be just as informative and enjoyable. Remember to always be aware of your surroundings - swivel!!

The next task ahead of me is the formation of a nominating committee who will find those willing to serve on the Executive Board and be put on the ballot for your votes in March. FAN wants YOU!! In order to sustain this wonderful social and charitable organization, it takes volunteers to step up and give their talents and, yes, time. It's <u>so</u> worth it. Please, if you are approached to serve, say ves; or if you know of someone who would be perfect, encourage her!

Blessings to you and your family and Happy New Year.

Jennifer Banks. President

Get moving! Have fun!

Enjoy a day of art and fitness

Fritz McDonald, founder of the Great Age Movement, invites FAN members to another mind/body enriching experience on a Day Trip to the museum district on February 20. He'll tell us all about it at the January 7 General Meeting. FAN members will enjoy a 35-minute exercise routine tailored for seniors that combines art and exercise to work the brain and body. Stretching, dancing, cardio, body pump, balance work and meditation – all designed for seniors – will be included. Those who participated in the inaugural event last year *still* rave about the fun!

The outing will include a complimentary box lunch, with transportation provided by Precinct 4. Cost will be just \$3.00 for the day. Be sure to sign up for the Great Age Movement event at the January or February FAN meeting.

Sharlene Wesson, Co-Chair, Day Trips

Linda Nagel, Co-Chair

FRIENDS OF FAN

Spotlight

December and January Holidays - what better time to support our Friends of FAN!

BROYLES JEWELRY is "Your Neighborhood Jewelry Store" located in the Kroger Shopping Center at Champion Forest Drive and Cypresswood (15840 Champion Forest Drive). They specialize in every kind of watch and jewelry service, design and repair, including ROLEX, remounts, appraisals, pearl restringing, etc. and all repairs are done on-site. Having been in business since 1957 and expanding in 1975, they are members of JBT (Jewelers Board of Trade) and AWCI (American Watchmakers Clockmakers Institute). Consider Broyles Jewelry for your Christmas shopping for their Unique and Exquisite Jewelry Designs. www.cwbroylesjewelry.com - 281-370-7020

A SPLASH OF SASS, 13215 Grant Road at Louetta, #800, Cypress, TX in the McDonald's center. 832-758-1392. This has been a great find for many FAN members. A Splash of Sass is a unique boutique for ladies with the most discriminating taste. They have been awarded the honor of "Best Boutique of Cypress." Some products include: Tribal, Crazy Train, Katherine Barclay, Corky's Shoes and Brighton. You'll find a discount code in their ad in our FAN directory for your very first online order. Check it out.

They will assist you in coordinating your perfect look. If you are looking for a unique, classy outfit for your holiday parties or entertaining, this is a great place to visit.

AMBRIZA SOCIAL MEXICAN KITCHEN, 10115 Louetta Rd., Suite 400, Houston, TX 281-205-1240. Ambriza invites you to join them for the best Happy Hour in Houston with award-winning margaritas and award-winning authentic, fresh Mexican food! Their passion for hospitality and authentic food comes straight from the heart of their social Mexican kitchen. The freshest ingredients are chef-prepared. They believe that not only should their guests enjoy their food but also find new friends, share a laugh, and create fun memories. FAN has had several social activities at Ambriza, always a FUN place!

"Dramatically Different" and perfect for celebrating your holidays with friends at Ambriza Social Mexican Kitchen!

Please remember to support our Friends of FAN every chance that you get, including telling your friends about them. Mention that you heard of them from our FAN directory and that we certainly appreciate their support.

Carole Corey, Directory Ads

Start the new year right

"Live Stronger, Longer"

Get a jump start on a healthier you in the new year with personal trainer **Jackie Bachmeier** when she challenges FAN members to "Live Stronger, Longer."

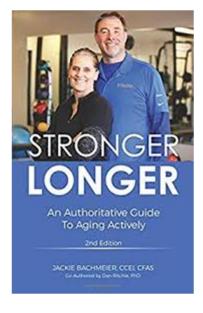
Owner of Evolution Fitness and Wellness in the Copperfield area, Jackie will share her ideas on how to age gracefully in six critical areas. "Exercise should support the things you are really passionate about doing ... for the rest of your life," she says. Her short, simple fitness programs for age 55+ clients are designed to enable them to pursue life with more energy, strength and passion.

In particular, Jackie is concerned with seniors falling, which results in more than 800,000 hospitalizations annually. More than nine in 10 hip fractures result from falls, often to the side. Strength and balance exercises can prevent falls and the physical, emotional and practical side effects that result.

Joining Jackie will be FAN friend **Fritz McDonald**, founder of the Great Age Movement, who invites FAN members to another original 35-minute exercise routine tailored for seniors that combines art and exercise to work the brain and body. The medley of exercises consists of stretching, dancing, cardio, body pump, balance work and meditation.

The February 20 outing to the Health Museum will include a box lunch and transportation provided by Precinct 4. Be sure to sign up for the Great Age Movement event at the January or February FAN meeting. Those who participated in the inaugural event last year *still* rave about the fun!

NOTE that the January 7, 2020, meeting will be at Cypress Creek Christian Community Center, 6823 Cypresswood Dr. in Spring, TX.



Pack in some films during holiday slow days

Coming soon or playing now at a theater near you: Ford v Ferrari, A Beautiful Day in the Neighborhood (Tom Hanks as Mr. Rogers), Cats, Little Women and Playing With Fire, a hilarious-looking comedy ... many quality and fun-looking films are playing during the holidays.

Watch your email for Matinee invites or join the Monday Matinee group now; just send your email address to **Lin Fish** at <u>lin-den7723@att.net</u> to be on the list.

I'll email notices to all the movie-lovers on the list with the film title, time and theater, normally on the third Monday each month, with bonus flicks when possible.

ORIGINAL LUNCH BUNCH

Members of Original Lunch Bunch will meet Wednesday, December 18, at noon at Sherry Dunn's home. (This group is closed due to size. When there is an opening, a notice will be in the newsletter.) As usual, please bring a non-dessert dish to share. RSVP to Sherry not later than Monday, December 16. Her contact information is in the FAN directory.

A reminder email with more information will be sent in early December. In January we will meet at a restaurant to be decided at our December luncheon.

Looking forward to seeing you at Sherry's...

June McMillin, Chairperson

FAN BOOK CLUBS

Literary Review: Kathy Court

We welcome new members who enjoy lively diverse discussions.

The December meeting is our holiday potluck lunch.

Date: December 17, 2019

Time: 12:00 noon

Hostess: Margaret Burgess

Cover Girls Maria Bocchino

Date: Do not meet in December

No information provided for January 2020.

Page Turners Adrienne Juno

No information provided





Antiquers and Junkers

This group meets on the third Wednesday of each month at different hostesses homes for coffee, then on to a fun-filled day of antiquing, eating and shopping.

We travel in carpools. Each person is responsible for the cost of her breakfast and/or lunch and \$5.00 to her driver.

This month we are meeting at IHOP, 21312 Kuykendahl Rd, December 18 at 9 a.m. for breakfast. From there we will carpool to Old Town Spring with lunch at Ellen's after some serious shopping.

Please let me know by noon Monday, December 16, if you are joining us.

I will email a list of everyone who is coming on Monday evening so you can arrange your carpools.

All are welcome. If you would like to participate contact:

Loni Dennis - Activity Leader



FAN CHRISTMAS COOKIE EXCHANGE

Lunch, Games, Door Prizes Cookies, Cookies, Cookies

Don't forget to sign up for the Cookie Exchange which will be on December 11 at Spring Creek Oaks Clubhouse at 11:30. We still have room for a few more cookie lovers. \$16 per person for lunch, games, door prizes and cookies!! Bring 4 dozen home -cookies placed 2 per bag (24 bags containing 2 cookies each).

Please mail your \$16.00 check payable to FAN to **Sharlene Nelson** or **Brenda Hannah**. Our contact information is in the Directory. Seating is limited. We look forward to seeing you there!



TREASURER'S REPORT

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Another super meeting this month! I hope we all remember the three things our FBI speaker wanted us to take away from his talk!! I think we all learned a lot.

Our 50/50 Raffle grossed \$241. That means FAN benefited \$121.00 and our winners, **Ansette Murray** and **Sandy Guilbeau**, each won \$60! Congratulations!

Thanks to **Char Marks**, **Linda Comeaux** and **Sue Behnke** for helping sell raffle tickets!

Next month is our Holiday Charity Luncheon at Raveneaux Country Club. We will have some seriously cool items that you can choose as your raffle opportunity ... AND, as always, we will have our fabulous Silent Auction Baskets for your bidding pleasure.

Please remember to bring your checkbook.
FAN does not accept credit cards. Sorry!

Cissie Alexander, Treasurer



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SENDING SUNSHINE WISHES TO OUR FRIENDS

Please keep the following FAN ladies in your thoughts and prayers:

COLLEEN BRADFORD – Hospitalized with heart problems October 2019. She is feeling better and looking forward to soon being back to normal health.

MONA MALONE – Knee replacement October 2019. She is doing well and thankful no cane/walker needed.

JACQUIE STAMATES – Cataract surgery November 2019 – A bit anxious but all went well. Looking forward to having the other eye done December 10.

SUE BEHNKE – Pneumonia.

HAROLENE HATLEY – back problems.

MARY MOORE – Procedure for plugged arteries with another procedure in three weeks.

Best wishes and a ray of sunshine to each of you for continued healing.

Carole Corey, Sunshine Chairman

Text 713-859-3613 for Sunshine needs





FAN LINE DANCERS ARE KICKIN' UP THEIR HEELS!!!

GOOD HEALTH, HERE WE GO The FAN dancers are reviewing basic steps and learning new dances. We're working our bodies and our brains, trying to remember the order of steps and how they all come together.

It's all mixed together with giggles & laughs!

All-in-all, we had some aerobic exercise, weight bearing exercise,

and mental stimulation !!!

You're welcome to join us at our next meeting,

Friday DEC 13th 10:00-12:00

Barbara Bush Library on Cypresswood Dr

SEE YOU THERE!

Margaret Farhadi



(Boots NOT required.)



Members of the Line Dancing group are having a great time! Come join them!

THANK YOU FROM Sleep in Heavenly Peace

Gary Akin said to thank everyone who helped with the build and delivery of the beds from SHP. There is another build and delivery day scheduled on December 14. 8:00— 12:30 for the builds and then delivery from 12:30 to about 4:00.

Feel free to call Gary at 832-326-3678 for further information. You must sign up before you can help.

https://www.signupgenius.com/ go/70a0544ada82ea2fc1-shphelp

The build location is the Metropolitan Church, 13000 Jones Road. Enter on Regency Green Drive East, which is the first traffic light north of Mills or South of Grant.

Shelley Gross, Charity Co-Chair

Membership Report

Our membership continues to grow. Since my last report, we have five new members plus one returning member. Please add them to your 2019 FAN directory.

Name	Phone	Email Address
Jacquelyn (Jackie) Haskins	713-628-0290	JJHASKINS@comcast.net
Sharon Ballard Jeremenko	713-206-7966	jeremenko@sbcglobal.net
Sue Mason	281-376-3699	sue-mason@sbcglobal.net
Mary Moore	832-515-6305	friomm@yahoo.com
Mary Ann Porter	281-785-0138	MAP77379@yahoo.com
Sandi West	314-225-6742	arrowhead.west@yahoo.com

Welcome (and Welcome Back) to FAN!

If your contact information has changed, please let me know so I can keep our membership information up to date.

As of November 15, FAN membership is 243. We are so close to our goal of growing the membership to 260 this year. So, continue to tell your friends and neighbors about FAN.

The helpful ladies at the membership table at the November meeting were **Marilyn Ablard**, **Helen Moorman** and **Delma Neeley**. Thanks so much for your help!

Kathy Court, 2nd VP Membership

BYLAWS UPDATE

The Bylaws Committee is pleased to present proposed changes to the FAN Bylaws which are attached to this *FANfare* newsletter for your review. The proposed changes will be published two times in the newsletter, posted at each meeting in January and February, and will be voted on at the March meeting. The main changes are as follow:

Change "shall" to "will" throughout the document to update language and grammatical usage;

The name of the club will drop "of FM 1960" for casual usage and be known as *Friends and Neighbors Women's Club (FAN)*. For all legal purpose, the "of FM 1960" will be kept;

All the additions are indicated in italics and highlighted in red;

Several words were redundant or unnecessary so they were eliminated and are indicated with strikethroughs; The meeting date of the club has been updated to allow for a change of date should the need arise;

Some of the positions have new responsibilities or the responsibilities needed to be clarified, such as 2nd Vice President, Treasurer, Newsletter Editor, Historian and Auditor, so the changes are indicated in red;

The date a person is no longer a member has been clarified;

The documents describing the annual activities of each officer and chairperson and to whom the annual reports are to be provided have been clarified;

The nominating committee procedure has been clarified; and

Reiteration that many actions taken are to be approved by the Executive Board prior to being put into action.

Bylaws Committee: Jennifer Banks, Sherry Dunn, Linda Comeaux, Kathy Court, Lin Fish.

Friends and Neighbors of FM 1960 Women's Club

AKA - Friends And Neighbors Women's Club (FAN)

Bylaws

ARTICLE 1 – NAME

The name of this organization is Friends and Neighbors of FM 1960 Women's Club, *AKA – Friends And Neighbors Women's Club (FAN)*, hereinafter referred to as "Club."

ARTICLE 2 - PURPOSE

The purposes of the Club are:

To provide an opportunity for members to become acquainted with others in the community in an atmosphere of friendliness, goodwill, and helpful information.

To undertake and to promote charitable and humanitarian projects in the community.

To form enduring friendships.

ARTICLE 3 – MEMBERSHIP

Section 1. Eligibility for membership is limited open to women who are residents of Northwest Houston and the surrounding communities and who have agreed to abide by the purposes and Bylaws of the Club.

Section 2. Prospective members may attend two general meetings, two activities or a combination thereof before membership dues are required.

Section 3. Members participating in the Club's activities must have dues current.

Section 4. Club directories are for the exclusive use of Club members and may not be furnished to or be-used by any business, organization, and-charitable or civic group for any purpose.

Section 5. No Members may not profit from any activity sponsored by the Club.

Section 6. Violation of Bylaws or disruptive, unruly behavior by any FAN member during any FAN-sponsored event, including but not exclusive of limited to meetings, activity groups, or social events, shall may result in possible termination of Club membership. If after a written warning from the Executive Board the violation persists, Club membership will be terminated immediately with no refund of dues.

ARTICLE 4- MEETINGS

Section 1. The general meeting of the Club shall be held on the second Tuesday (barring unforeseen circumstances) of each month from September to May each year at a designated location at which time necessary Club business shall be transacted.

The general meeting of the Club will be held monthly from September through May each year (barring unforeseen circumstances) on a day and location announced by the Executive Board. Necessary club business will be transacted at that time.

Section 2. The necessary meetings of the Officers and the Executive Extended Board are to be held as required.

.ARTICLE 5- DUES

The Club year begins on June 1st and ends on May 31st of the following year. In order for a member's name to appear in the Directory, membership dues must be paid before July 1st. *Membership will be terminated if*

Section 3. All members are to be held responsible for reservations made in on their behalf for any activity or meeting if the Club is held liable for the said reservation. Failure to pay for reservations to any Club function is due cause for termination of membership

Section 4. Activity groups will meet at the discretion of the Chairperson group leader. Guests may be invited to certain events as space allows. For example: Holiday Charity Luncheon, couples activities, etc.

ARTICLE 5- DUES

The Club year begins on June 1st and ends on May 31st of the following year. In order for a member's name to appear in the Directory, membership dues must be paid before July 1st. *Membership will be terminated if dues are not paid by September 30.* New members joining January through March will pay half the amount of the annual dues for the current year. Dues paid in April will be applied toward the following year's dues.

ARTICLE 6- EXECUTIVE AND EXTENDED BOARD

Section 1. The governing body of this Club shall-will consist of the elected officers, the Extended Board and Advisor.

Section 2. The Executive Board will consist of the elected officers of the Club (President, First and Second Vice Presidents, Secretary, Treasurer, Auditor, Newsletter Editor, and Historian) and Advisor. The Extended Board is comprised of the Committee Chairpersons and others who shall be appointed by the President with the approval of the Executive Board.

Section 3. The immediate past President will become the Advisor to the Executive and Extended Boards. If she is not able to discharge this responsibility, the President will appoint a recent Past President in accordance with Article 6, Section 2.

Section 4. All unbudgeted expenditures, the appointment of a nominating committee, the selection of an Auditor, and any appointment made by the President, *including those* to fill vacancies in any office must be approved by the Executive Board.

Section 5. In order to facilitate the orderly conduct of business, the President may call *upon* the Executive Board may to approve actions when such actions must be taken prior to a scheduled Board Meeting.

Section 6. Each Officer and Chairperson will keep a notebook of documents describing activities and procedures to facilitate the change of office. Procedure notebooks shall be given to each newly elected Officer at the New Board/Old Board Luncheon. If not attending the New Board/Old Board Luncheon, Each Officer is responsible for passing the notebook documents/ records to her successor and to the outgoing President and her successor the newly elected Officer before June 1st.

Newly-elected Officers assume their duties on June 1st, with the exception of the Treasurer who will serve until books are completed and closed, as directed in Article 8, Section 5.

The Executive Officers and the Extended Board year-end reports must be provided to the President before the New Board/Old Board Luncheon. The New Board/Old Board Luncheon shall be held before the end of May. Installation of Officers is optional at April may be conducted at the April or May meeting.

Section 7. All contracts must be reviewed and approved by the President or her designee before being signed. The members of the Executive Board or Extended Board will not be held financially responsible for debts incurred by the Club.

Section 8. "FAN duties of Executive Board and Extended Board," which is published on the FAN Web site, is to be updated as Bylaws are revised.

ARTICLE 7- ELECTION OF OFFICERS

Section 1. At the January Board Meeting the President will, with the Executive Board approval, appoint a nominating committee consisting of five members (two Board members, three chosen from the general membership and two alternates *from the general membership*). Where possible, The Advisor to the Board or, if not available, a past president will act as ex-officio Chairperson of this committee. This committee will meet within 30 days to select a slate of candidates.

Section 2. At the March general meeting, the nominating committee will present the slate of candidates for the offices of President, First and Second Vice Presidents, Secretary, Treasurer, Auditor, Newsletter Editor, and Historian. Other nominations may be made from the floor for any office by any active members, providing the consent of the nominee has been obtained prior to being placed in nomination in advance.

Section 3. At the April general meeting, there will be the *an* election of Executive Officers. If there were Any prior written nominations, they will be included on the ballot. If more than one candidate is nominated for any office, a written ballot will be used.

Section 4. A vacancy in any office will be filled by appointment of the President with the Executive Board approval.

Section 5. All Executive Officers may serve two terms in succession.

ARTICLE 8- DUTIES OF OFFICERS

Section 1. The President will preside at all Club and Board meetings and will perform such other duties as may be required. She will select appoint an Extended Board for all standing committees and chairmen of special committees as she deems necessary with the approval of the Executive Board. She will be a member of all committees of the Club, with the exception of the nominating committee. She will have no vote except in the case of a tie.

Section 2. The First Vice President will be prepared to perform all of the duties of President in her absence and will hold herself ready to assist the President at all times. She will arrange for suitable locations and programs for the General Meetings and will present same to the Board for approval.

Section 3. The Second Vice President will be responsible for the membership *data base, annual membership drive* and meeting attendance records.

Section 4. The Secretary will act as a recorder at all General Meetings, Board, and Executive Board Meetings and perform such other duties as may be assigned by the President.

Section 5. The Treasurer will be responsible for all Club money funds. She will render a report at each General and Board meeting, reconcile monthly bank statements, prepare required annual federal tax return, provide reports/ statements monthly to the Auditor, and present a written report at the close of the year. She will serve as Chairman ef-the Finance Committee and, along with the new Treasurer, present the proposed budget for the following year's activities. The Treasurer's books will be closed by May 31st and be ready for audit by June 15th. The outgoing Treasurer will serve until the books are completed and will act as liaison to the incoming Treasurer.

Section 6. The Auditor will perform review the bank reconciliation and review-the transactions (entries) into various accounts on a monthly basis. An audit does not entail looking at all transactions, but would look at a sampling and would review any journal entries (adjustments) that were not cash transactions. At the end of the fiscal year, she will assemble put together an Audit Committee of three non-members of the Board to audit the records of the Treasurer.

Section 7. The Newsletter Editor will be responsible for the gathering articles and photos, printing and distributing of the newsletter, *FANfare*.

Revised and approved by the Executive Board on November 19, 2019.

Section 8. The Historian will keep a memory book *pictorial record* of all important Club activities and events of the year. The memory book *pictorial record* will be presented to the retiring President at the New Board/Old Board Luncheon, and then displayed at the *several* General Meetings the following year.

Submitted by the Bylaws Committee consisting of Jennifer Banks, Linda Comeaux, Kathy Court and Lin Fish.

Revised and approved by the Executive Board on November 19, 2019.

Approved by the General membership on March _____, 2020.

December 2019 / January 2020

Newsletter Editor: Sherry Dunn 1106 Austin Manor Ct Spring, TX 77379-3995



FAN PURPOSE

To provide an opportunity for members to become acquainted with others in the community in an atmosphere of friendliness, goodwill and helpful information.

To undertake and to promote charitable and humanitarian projects within the community.

To form enduring friendships.

EDITOR'S NOTE

All articles for the **February 2020** newsletter should be submitted before **January 17** to **Sherry Dunn** at **sdunn@entouch.net.**

Deadline for last-minute changes is **January 24.**



