

# CONNECTIONS

## SAVE LIVES

TO DONATE:



TO REGISTER FOR  
SERVICES:



# CAMP SHIELD

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## CAMP SHIELD

EMPOWERING WOMEN VETERANS

# WHY CAMP SHIELD?

**Nearly 2 million living  
women Veterans in the  
United States**

**Women currently make up  
approximately 16% of those  
currently serving our country**

**Currently, there are over  
185,000 women Veterans  
residing in Texas**

**Camp Shield is filling  
the gap for the under-  
represented women  
Veteran population.**

Camp Shield is a divisional dba of After Military Service (AMS), a 501(c)3 organization that was founded in 2017. AMS strives to support the personal and professional success of Veterans and their families by increasing resiliency, life satisfaction and empowering our nation's military families. Camp Shield's mission, as a division of AMS, strives to empower women Veterans - emotionally, socially, and physically, to ensure she thrives after military service.

## 100% FREE FOR WOMEN VETERANS

**LICENSED MENTAL HEALTH PROVIDER ON-CALL  
FOR ALL EVENTS**

**CHILD CARE PROVIDED**

**PEER SUPPORT  
SERVICES**

**WORKSHOPS**

**RETREATS**

**BOOK CLUBS**

**MENTORING  
PROGRAMS**

**RESOURCE  
REFERRALS**

**ASSISTANCE WITH  
VA DISABILITY  
CLAIMS**

## CLIENT FEEDBACK

"The Peer to Peer support groups have helped me tremendously. Just being able to get together with people who have been through what I've been through and can relate, is powerful."

**WOMAN ARMY VETERAN**

"The classes provided assisted me in my healing process and gave me ways to relax and clear my mind. I would strongly urge any female veteran that is struggling with their mental health or in need of a tribe to connect with Camp Shield."

**WOMAN ARMY VETERAN**

"The classroom experience was awesome and really cleared my head on some things I have going on. The camaraderie of those attending was awesome. Friends for life is an understatement."

**WOMAN  
AIR FORCE VETERAN**

"I have been out of the United States Army for 16 years and have been in counseling consistently throughout those years for Military Sexual Trauma and Post Traumatic Stress. In consideration of that counseling, this retreat was the single most impactful tool/experience in my healing journey."

**WOMAN ARMY VETERAN**